

United Way of Davie County - Application

1. Applicant Name
Kim Shuskey
2. Email
kshuskey@daviecountync.gov
Agency Name for Cover Letter
Davie County Senior Services
B. Funding Request Summary: (1) Program Name
Homebound Meals (Meals on Wheels)
B. Funding Request Summary: (1) Program Summary
Meals on Wheels provides a hot nutritious meal to older adults in Davie County who can no longer cook for themselves, and for whom it is a great difficulty to leave their home. In addition to the meal, participants can look forward to a brief friendly visit by the volunteer who delivers the meal each weekday.
B. Funding Request Summary: (2) Funding Request
10,000
C. Community Need for Program: (1) Focus Areas
<ul style="list-style-type: none">• Health
C. Community Need for Program: (2) Addressing Focus Area(s)
The homebound meals program promotes, maintains and improves the health and well-being of older adults through the provision of a nutritionally balanced meal five days per week delivered to the home. In addition it reduces isolation and loneliness with the daily visit by the homebound meals volunteer. Nutrition education is provided to the clients on a quarterly basis. This program enables older adults to remain at home as long as possible. Davie County operates one of the few programs across the state without a waiting list. Therefore we serve all who need the program, as long as they meet the qualifications as set forth by the NC Division of Aging. We average approximately 120 seniors on the program at any given time. The need is more than likely greater than that amount, as we are sure that, regardless of the amount of outreach we do, there are some who need the program that are unaware of its existence. We are not aware of any similar service such as this provided in the county.
D. Program Plan & Measurement: (1) Program Costs
Of the \$10,000 we are requesting, \$5,000 will be used to cover the costs of approximately 1,400 meals for the older adults we serve. The remaining \$5,000 will be used to cover a portion of the salary of one staff member.

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D. Program Plan & Measurement: (2) Program Methodology

This program provides a lunch meal to homebound seniors who are unable to cook for themselves. The program process is as follows:

- Senior Services receives a referral. The referral can be from anyone - the potential client, another agency, family, friends, etc.
- The client (if not self-referred) is contacted and basic information is obtained to discuss interest in the program and ensure they meet the basic requirements for eligibility
- An in-home visit is conducted for intake/assessment. All required paperwork is completed and the client is assessed for and informed of other services from which they may benefit
- A referral is made to other agencies / services if necessary
- The client is placed on a route and entered into our system
- Meals are ordered for them each day
- Volunteers are coordinated for each route
- Meals are delivered and packed into bags
- Volunteers deliver meal / provide friendly visit & welfare check
- Follow up by staff if there are any concerns or issues
- Client is reassessed at least every 6 months (in-home)
- Special "goodies" are sent to clients from time to time by various volunteers in the community (flowers, cards, gifts, etc.)
- Quarterly nutritional education sent to clients
- Clients called during periods of inclement weather to ensure safety & help is obtained if necessary

For many older adults, the homebound meals program is literally the difference between remaining in their own homes and needing to relocate to a nursing facility. The nutritious meal, friendly visit and safety check help them cope with three of the biggest threats of aging: hunger, isolation and loss of independence. Research proves that when seniors have the right support, they gain greater quality of life, need fewer hospital stays and live longer. According to research conducted by Meals on Wheels America, 90% of meal recipients say Meals on Wheels improves their health and 90% say it enables them to live independently at home. In addition to the difference it makes in the lives of the people who receive the service, the program also helps family members of older adults feel more at ease with the safety of their loved one due to the daily visit they are receiving from the volunteer who brings the meal. In many instances, the volunteer delivering the meal is the only person they will see that day.

E. Service Demographics

- <ff-cc40335d5c55f79361005f9180f3c7f1-ff-demographic-report-UW-2022.pdf>

F. UWDC Campaign Support: (3) Website

- Yes

F. UWDC Campaign Support: (3a) UWDC Website Affiliation

<https://www.daviecountync.gov/522/Homebound-Meals>

F. UWDC Campaign Support: (3) Website

- Yes

G. UWDC Direct Program Support: (1) 211

Yes

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H. Financial Accountability: (1) Program Budget Form
<ul style="list-style-type: none">• ff-f3cfff9031b10b52e622b4fab066c67c-ff-2022-Program-Budget-Form-1.pdf
H. Financial Accountability: (2) Budget Time Frame
July 1 - June 30
H. Financial Accountability: (3) Profit & Loss Form
<ul style="list-style-type: none">• Yes
H. Financial Accountability: (4) Agency Budget
<ul style="list-style-type: none">• Yes
H. Financial Accountability: (5) NC Solicitation License
<ul style="list-style-type: none">• Yes
H. Financial Accountability: (6) Form 990
<ul style="list-style-type: none">• Yes
I. Agency Organization: (1) Agency By-Laws
<ul style="list-style-type: none">• Yes
I. Agency Organization: (2) Board
<ul style="list-style-type: none">• ff-7151adbb35cec4c60c536827328db161-ff-Davie-HHS-Board-2022.pdf
I. Agency Organization: (3) Budget Size
More than \$200,000
I. Agency Organization: (4) Agency Financial Report
<ul style="list-style-type: none">• Yes
K. Volunteers: (1) Number
163
K. Volunteers: (2) Hours

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4,440
K. Volunteers: (3) Background checks
No
K. Volunteers: (3a) Background Explained
We are waiting on instructions from our county attorney as to how to proceed with this process. All volunteers know they may be subject to a background check, but as of yet we have not been able to settle on a system that works.
L. Memorandum of Agreement: (1) Both Agree to
Yes
L. Memorandum of Agreement: (2) Agency Agrees to
Yes
L. Memorandum of Agreement: (3) UWDC Agrees to
Yes
L. Memorandum of Agreement: (4) Failure to Comply
Yes
L. Memorandum of Agreement: (5) Anti-Terrorism Compliance
Yes
L. Memorandum of Agreement: (6) Termination
Yes
Name
Kim Shuskey
Executive Director Signature
