

United Way of Davie County - Application

1. Applicant Name
Luke Harris
2. Email
l.harris@ymcanwnc.org
Agency Name for Cover Letter
Davie Family YMCA
B. Funding Request Summary: (1) Program Name
Reaching Our Potential Teen Mentoring Program
B. Funding Request Summary: (1) Program Summary
<p>The Davie Family YMCA is requesting \$5,000 from the Davie United Way to kickstart the Reaching Our Potential Teen Mentoring Program. Recently, the Y piloted a new teen membership program that provides at-risk middle and high school youth with free YMCA memberships when referred from a local school or from a community partner. The Davie Family YMCA has a goal of serving 20 youth through this initiative by the end of 2022. As a part of this program, the Y will offer twice monthly teen nights that will include structured activities designed to engage students around Social and Emotional competencies.</p>
B. Funding Request Summary: (2) Funding Request
5,000
C. Community Need for Program: (1) Focus Areas
<ul style="list-style-type: none">• Education
C. Community Need for Program: (2) Addressing Focus Area(s)
<p>Social and Emotional Learning is a key component to a youth's life long success. How a young person feels about themselves and views the world around them is important and often affects their success in the classroom. The Reaching Our Potential Teen Mentorship Program will utilize evidence-based resources coupled with positive adult and peer interactions to help improve core social and emotional competencies. The program will focus on building: 1) Positive Identity: A young person's internal sense of who they are and confidence to explore the multiple facets of their identities; and 2) Academic Self-Efficacy: A young person's motivation and perceived mastery over their own learning, school performance, and potential to attain academic success.</p> <p>While there are organizations, such as Big Brothers and Big Sisters, that are providing mentoring services, there are not any organizations that can offer a resource similar to a YMCA facility membership. YMCA membership allows a teen have access to a safe space to hang out, do homework or to take advantage of other amenities such as the basketball courts, pool, and wellness facilities.</p>
D. Program Plan & Measurement: (1) Program Costs

United Way of Davie County - Application

Funding from the Davie United Way will be used in the following manner:

Personnel: \$3800 will cover the cost of two staff members working eight hours per month to host a total of 24 mentoring sessions/year

Program Supplies: \$1200

Other program expenses covered by the Y

Meals: \$1800 to provide each youth with a hot healthy meal during each mentoring session

Teen membership Fees: \$6960 covers the cost of an annual membership to the Davie Family YMCA for 20 teens.

D. Program Plan & Measurement: (2) Program Methodology



United Way of Davie County, Inc.

United Way of Davie County - Application

The Reaching Our Potential Teen Mentoring program will provide two monthly mentoring and activity sessions at the Davie Family YMCA. Each session will be staffed by two YMCA employees and community volunteers who will serve as mentors. Programming will include the use of an evidence-based curriculum designed to develop social and emotional competencies, engaging activities such as swimming and game nights, and provide participants with a healthy, hot meal. YMCA staff will plan and facilitate session activities and volunteer mentors will provide program support, engage with youth, and lead special programs.

The program will utilize the "Leader in Me" curriculum, which empowers students with the leadership and life skills they need to thrive in the 21st century. It is based on principles and practices of personal, interpersonal and organizational effectiveness, and upon the powerful premise that every child possesses unique strengths and has the ability to be a leader.

Additionally, YMCA Staff and volunteer mentors from the community will focus on adult practice areas that foster improvement in student social and emotional competence. Staff will learn to intentionally focus on 5 practice areas while engaging with students and each other:

- Emotion management: Adults support youth to be aware of and constructively handle both positive and challenging emotions.
- Empathy: Adults work with youth to relate to others with acceptance, understanding, and a sensitivity to diverse perspectives and experiences.
- Relationship building: Adults foster experiences where youth plan, collaborate, and coordinate action with others.
- Responsibility: Adults develop youth to be reliable and committed, and to fulfill obligations and challenging roles.
- Personal development. Adults encourage youth to act, persist, and initiate goals and outcomes even through the ups and downs of difficult situations and challenges.

Reaching our Potential will utilize the Hello Insight Social and Emotional Survey tool to gather student perspectives and measure the following SEL Competencies:

- Contribution: A young person's desire to engage with and contribute to family, community, and society
- Social Skills: The ability of a young person to take others' perspectives into account, and to develop a sense of caring and empathy
- Self Management: The ability of a young person to regulate their emotions and behavior, take positive risks, and persist through life's challenges
- Academic Self-Efficacy: A young person's motivation and perceived mastery over their own learning, school performance, and potential to attain academic success
- Positive Identity: A young person's internal sense of who they are and confidence to explore the multiple facets of their identities

Over the course of the year we expect to see a 15% increase in the aggregate social and emotional rating of participants.

In a world full of isolation and unrest that's present in our own communities, it is more important than ever that we keep our young people engaged in positive experiences in healthy, safe environments. Through initiatives for teens such as Reaching Our Potential, we are helping to cultivate the values, skills and relationships that lead to positive behaviors, better health, and educational achievement to help teens reach their full potential.

E. Service Demographics

- [ff-29629683842fe20236962a02be46dfdb-ff-Davie-Service-Demographics.pdf](#)

F. UWDC Campaign Support: (3) Website

- Yes

F. UWDC Campaign Support: (3a) UWDC Website Affiliation

United Way of Davie County - Application

https://ymcanwnc.org/locations/davie-family-ymca
F. UWDC Campaign Support: (3) Website
<ul style="list-style-type: none">• Yes
G. UWDC Direct Program Support: (1) 211
Yes
H. Financial Accountability: (1) Program Budget Form
<ul style="list-style-type: none">• ff-f2f5c8b74f502ae230372edc6211060e-ff-2022-Program-Budget-Form-1.xlsx-Program-Budget-Form.pdf
H. Financial Accountability: (2) Budget Time Frame
June 1, 2022 - May 31, 2022
H. Financial Accountability: (3) Profit & Loss Form
<ul style="list-style-type: none">• Yes
H. Financial Accountability: (4) Agency Budget
<ul style="list-style-type: none">• Yes
H. Financial Accountability: (5) NC Solicitation License
<ul style="list-style-type: none">• Yes
H. Financial Accountability: (6) Form 990
<ul style="list-style-type: none">• Yes
I. Agency Organization: (1) Agency By-Laws
<ul style="list-style-type: none">• Yes
I. Agency Organization: (2) Board
<ul style="list-style-type: none">• ff-50908d02ecd7c993ecce893ad26b8094-ff-2022-Davie-Board-List.doc.pdf
I. Agency Organization: (3) Budget Size

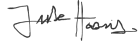
United Way of Davie County - Application

More than \$200,000
I. Agency Organization: (4) Agency Financial Report
• Yes
K. Volunteers: (1) Number
90
K. Volunteers: (2) Hours
400
K. Volunteers: (3) Background checks
Yes
L. Memorandum of Agreement: (1) Both Agree to
Yes
L. Memorandum of Agreement: (2) Agency Agrees to
Yes
L. Memorandum of Agreement: (3) UWDC Agrees to
Yes
L. Memorandum of Agreement: (4) Failure to Comply
Yes
L. Memorandum of Agreement: (5) Anti-Terrorism Compliance
Yes
L. Memorandum of Agreement: (6) Termination
Yes
Name

United Way of Davie County - Application

Luke Harris

Executive Director Signature



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